

PRESS RELEASE

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Move Through Life Dance Company Presents “123”

The Move Through Life Dance Company is presenting its second show “123” at the Marion Cultural Centre on Friday 12th and Saturday 13th of August, supported by principal sponsor Raine and Horne Real Estate. “123” consists of four different choreographic pieces with varying and interesting themes, each of which consists of at least one solo, one duo, and one trio, hence the title “123”.

A solo + a duo doesn't always = a trio, it's sometimes unexpected, often beautiful and always an interpretation.

Audiences will be entertained and challenged by the four pieces of predominately modern contemporary dance genre. The variety of themes is sure to keep the audience engaged. One piece focusing on relationships, explores the way that people interact, support and influence one another, and another utilizing jazz dance with a Greek flavour, presents the struggles and stories of those who migrated from Europe to Australia in the 1950's. The other two pieces are of quite divergent themes also, one conveying a message about the mad world that we live in of corporatisation and capitalism taking its toll on our mental health and happiness, and the other using a tango-inspired contemporary style to explore how we all walk through life with a viper on our shoulder of self doubt and the psychological struggle we face to defeat that viper.

Artistic Director Jo McDonald says, ‘123 is predominately about life, our move through life and some of the different issues and struggles we face, portrayed through the simple concept of a solo, duo and trio’. ‘Each piece is such a diverse interpretation and something that we are all proud of. Our debut performance last year was a huge success, but we have developed our choreography and concepts to an even higher level for our second season’, says McDonald.

Move Through Life is a non-profit, project based dance company that provides a pathway for highly skilled adult dancers to continue dancing at a challenging and exciting level if they choose not to become professional dancers. The company provides opportunities for choreographers as well as dancers, and aims to partner with practitioners of other art forms to present work that is engaging for a diverse audience.

For tickets to “123” please contact Marion Cultural Centre on 8375 6855 or Move Through Life on 0402 070 021. “123” will be performed at 8.00pm on Friday 12 and Saturday 13 August at the Marion Cultural Centre, 287 Diagonal Road, Oaklands Park.

For further information please contact:
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